

Counseling Services



*We are
here to
support
you!*

SERVICES:

- Individual counseling
- Crisis counseling and referral for sexual assault, domestic violence
- Community support referral

RESOURCES:

- Mental health services
- Group therapy
- Substance abuse or alcohol abuse recovery programs
- General information on topics related to mental health and substance or alcohol abuse

Let's Talk

SCHEDULE AN APPOINTMENT - Call **207-741-5629** or e-mail
counseling@smccME.edu

WALK-IN ANYTIME - Howe Hall, 3rd Floor

