How to apply for housing:

1. Complete the online housing application available on My Student Life.
2. Send required items to reslife@smccME.edu or to the Office of Housing & Residence Life.
3. Please note: Housing is guaranteed on both SMCC campuses for those who register for classes and apply for housing by the second Friday in June.
4. If you are interested in housing for the Spring you should register for classes as soon as possible and apply for housing immediately afterward.

How you know if you’ve received housing:

- You will be notified by your student email address when your application has been processed and whether you have been assigned to a space or to the waiting list.
- Initial hall/room assignments and roommate information will be sent in August (for the Fall semester) to your student email address.
- You may occupy your rooms on the dates specified in the College’s calendar.
SMCC STRIVES TO KEEP YOU ENGAGED INSIDE AND OUTSIDE THE CLASSROOM TO HELP YOU GROW, BUILD CONNECTIONS, AND DEVELOP LIFELONG FRIENDS AND MENTORS. CeSIL IS YOUR CONNECTION TO STUDENT ORGANIZATIONS, CAMPUS ACTIVITIES, COMMUNITY SERVICE AND LEADERSHIP OPPORTUNITIES.

WHAT CLUBS & ORGANIZATIONS ARE OFFERED?

SMCC OFFERS:
- Student Senate - SMCC's student government that plans events and more!
- The Beacon - Student newspaper
- Phi Theta Kappa (PTK) - Alpha Chi Nu Chapter of PTK, the national honor society
- Writ - Literary Magazine
- Midcoast Campus Activities Board
- Business Club
- Car Club
- CosPlay
- Culinary Club
- Nursing Club
- Gaming Club
- Rainbow League
- Veterans Club

ENJOY OVER 20 CLUBS & ORGANIZATIONS OR START YOUR OWN!

WHAT OTHER OPPORTUNITIES FOR INVOLVEMENT ARE AVAILABLE?

- Captain's Cupboard food pantry
- Resident Assistants (RA's)
- Emerging Leaders Program
- Student Ambassadors
- The Beacon - student newspaper
- The Captain's House
- Spring Point Residence Hall
- The Beacon - student newspaper
- Orion Hall

FOR FULL LIST OF EVENTS AND ACTIVITIES
DOWNLOAD THE SMCC STUDENT LIFE APP
http://smcc.campusapp.com

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COUNSELING

1-800-434-3000 • counseling@smccME.edu

SMCC contracts with Sweetser to provide counseling services to students on both our campuses and at convenient locations throughout the area. Counseling can help you manage a wide variety of challenges.

Counseling Services also offers students printed take-home resources and referrals.

RESOURCES:
- Mental Health Services
- Group Therapy
- Substance Abuse or alcohol abuse recovery programs
- General information on topics related to mental health

TO MAKE AN APPOINTMENT
CONTACT US: 1-800-434-3000 or counseling@smccME.edu
LOCATION
South Portland Campus, Howe Hall, 3rd Floor

ATHLETICS & RECREATION

207-741-5927
mrichards@smccME.edu

THE ATHLETICS & RECREATION PROGRAM IS A VITAL PART OF THE SMCC COMMUNITY. SMCC'S SEAWOLVES ATHLETIC TEAMS ARE DEDICATED TO EXCELLENCE, TEAMWORK AND RESPECT. THE BEST PART? YOU DON'T HAVE TO BE AN ATHLETE TO JOIN IN.

SMCC'S SPORTS TEAMS INCLUDE:

- Men's: Baseball, Basketball, Soccer
- Women's: Softball, Basketball, Soccer
- Coed: Golf

ADDITIONAL WAYS TO PARTICIPATE IN ATHLETICS:

- BE A FAN
  Join the SeaWolves fan base and show your school spirit by attending a game or athletics event. Games against rivals like Central Maine Community College (CMCC) are an especially popular time for the SMCC community to rally support around its student athletes.
  - Being a fan is a great way to expand and further enjoy your overall college experience.
  - Visit My Student life on My Maine Guide to view a full schedule of games.

- Stay active
  Intramural, fitness & club sport offerings include:
  - Bowling
  - Yoga
  - Cardio Boot Camp
  - More!

- Fitness Center
  The college has a fitness center and weight room in the lower level of the Hutchinson Union Building (HUB) at our South Portland Campus for use by the SMCC community.
  - The Fitness Center has treadmills, stationary and recumbent bikes, ellipticals, stair steppers, weight machines and free weights. A separate room with artificial turf is used for indoor practices by athletic teams and intramural clubs.
  - The Midcoast Campus also partners with the Y at the Brunswick Landing to give students access to their fitness facilities.

TO STAY INFORMED ABOUT STUDENT LIFE AT SMCC, DOWNLOAD OUR APP AT http://smcc.campusapp.com

SMCC SeaWolves teams have won more than 40 league championships!