

# Vaccine & Immunization Requirements



## DID YOU KNOW...

**That vaccine & immunization records are required to attend College?**

**Maine State law requires ALL college students to provide proof of immunization for:**

- Measles, Mumps & Rubella 1&2 (two doses administered 30 days apart)
- Tetanus/Diphtheria (required every 10 years)

**These requirements can be waived if there is a sincere belief or objection.** (See #2 below)

### **Please note:**

- Residence hall students must provide proof of immunization prior to applying for housing.
- There are additional vaccine requirements for students enrolled in the following degree programs; Nutrition & Dietetics, Medical Assisting, Nursing, Paramedicine, Radiography, and Respiratory Therapy. For more information, contact the Advising Office.



## WHAT TO DO:

### **1. Submit Your Vaccine & Immunization Records**

Ask your doctor for a copy of your vaccine and immunization records and provide them to the Advising Office. Or, download the SMCC Immunization Form, available on the MyDegree section of My Maine Guide, and ask your doctor to complete it and provide it to the Advising Office. Be sure to follow up with the Advising Office to make sure your records were received.

OR

### **2. Waive The Vaccine & Immunization Requirements**

Waive your immunization requirements based on a sincere philosophical or religious objective by downloading the Immunization Form (available on the MyDegree section of My Maine Guide), completing the waiver and submitting it to the Advising Office.

OR

### **3. Get Vaccines & Immunizations**

Need help finding a health care provider or clinic to access immunization or other health services? Use the information on the back side of this flier to find a doctor or clinic near you!

**Please submit your form, record or waiver to the Advising Office:**

**Mail:** 2 Fort Road, South Portland, ME 04021

**Fax:** 207-741-5760    **Email:** [advising@smccME.edu](mailto:advising@smccME.edu)

**Need Help? Call us! Advising Office 207-741-5835**

# How to Get Vaccines & Immunizations



## 1. Stop By a Drop-in Clinic

There are several nearby walk-in vaccine and immunization service providers including:

### CVS MINUTE CLINIC

207-799-8166

51 Market Street, South Portland

### CONCENTRA MEDICAL CENTER

207-774-7751

85 Western Avenue, South Portland

### WALGREENS PHARMACY

207-761-9454

616 Forest Avenue, Portland



## 2. Make an Appointment with a Primary Care Provider

**If you need a Primary Care Provider, Maine Medical Partners is now offering enhanced access to Primary Care Providers for SMCC Students.**

This means SMCC students can have preferred appointment times to access immunizations as well as annual check-ups.

At your first visit, you can expect to talk about your general health and any concerns you have. An exam will also be performed and you will be provided with any vaccines you may need.

### To make the most of your visit:

- Please let the receptionist know that you are an SMCC student. This will give you access to preferred appointment times
- Bring your vaccination or health records (if available)
- If you have insurance, you may need to call your insurance company and tell them that the MMP doctor you see is your primary care provider

### Location

MMP South Portland Adolescent and Young Adult Medicine Clinic  
75 John Roberts Road, Unit 8B (near the Maine Mall)

### S. Portland Bus Directions

Route 21 - SMCC to Mill Creek Hub

Route 24A or 24B Mill Creek Hub to Maine Mall/John Roberts Road stop\*

Estimated time from SMCC to MMP South Portland: 1.25 hrs.

*\*Always check bus schedule and map for up-to-date route information.*

HAVE QUESTIONS OR NEED HELP?  
Call the Advising Office at 207-741-5835