

**Nutrition and Dietetics  
Associate in Science  
Four Semester Pathway Academic Year 2021-2022**

Semester 1	Requirement	Recommended	Prerequisites	Corequisites	Credits	My Plan
MATH 112	Quantitative Reasoning		MATH 030		3	
ENGL 100	English Composition		ENGL 090, ENGL 095		3	
<b>NUTR 100*</b>	<b>Introduction to the Dietetics Profession</b>	<b>High Priority Course</b>	DIET Program Acceptance		3	
<b>NUTR 110</b>	<b>Normal Nutrition &amp; Lab</b>	<b>High Priority Course</b>	ENGL 090, ENGL 095, MATH 030		4	
PSYC 100	Introduction to Psychology			ENGL 090, ENGL 095	3	
<b>Semester 2</b>						
NUTR 140	Nutrition and Weight Loss		ENGL 090, ENGL 095, MATH 030		3	
NUTR 160*	Foodservice Sanitation				1	
BIOL 124	Biology I & Lab		ENGL 090, ENGL 095, MATH 030		4	
NUTR 210	Introduction to Medical Nutrition Therapy	Offered Spring semester only	NUTR 110	MATH 030	4	
ENGL 115	Introduction to Literature		ENGL 100 or ENGL 101		3	
<b>Semester 3</b>						
	Liberal Studies Elective	CHEM 120 General Chemistry I with Lab (for transfer)	See course prerequisites	See course corequisites	3 (4)	
NUTR 150*	Principles of Food Preparation with Lab		DIET Program Acceptance		4	
NUTR 220*	Health Care Delivery Systems	Offered Fall semester only	NUTR 210		3	
ECON 120 or ECON 125	Microeconomics or Macroeconomics		MATH 030	ENGL 100 or ENGL 101	3	
PHIL 105	Ethical Dilemmas		ENGL 090, ENGL 095		3	
<b>Semester 4</b>						
NUTR 250*	Nutrition Education and Counseling	Offered Spring semester only	ENGL 110, NUTR 210		3	
NUTR 275	Community Field Experience		NUTR 210		4	
SOCI 100	Introduction to Sociology			ENGL 090, ENGL 095	3	
	Science with Lab Elective		See course prerequisites	See course corequisites	4	
	Liberal Studies Elective	CHEM 125 General Chemistry II with Lab (for transfer)	See course prerequisites	See course corequisites	3 (4)	

\*To receive Departmental credit students must receive a grade of C or better in all Nutrition courses.

## Nutrition & Dietetics

<b>General Education Requirements</b>					
<b>COURSE CODE</b>	<b>COURSE TITLE</b>	<b>PREREQUISITES</b>	<b>COREQUISITES</b>	<b>CREDITS</b>	<b>MET</b>
ENGL 100	English Composition	ENGL 090, ENGL 095		3	
ENGL 115	Introduction to Literature	ENGL 100 or ENGL 101		3	
MATH 112	Quantitative Reasoning	MATH 030		3	
BIOL 124	Biology I with Lab	ENGL 090, ENGL 095, MATH 030		4	
PHIL 105	Ethical Dilemmas	ENGL 090, ENGL 095		3	
PSYC 100	Introduction to Psychology		ENGL 090, ENGL 095	3	
SOCI 100	Introduction to Sociology		ENGL 090, ENGL 095	3	
ECON 120 OR	Microeconomics	MATH 030	ENGL 100 or ENGL 101	3	
ECON 125	Macroeconomics	MATH 030	ENGL 100 or ENGL 101		
<b>Major Required Courses</b>					
<b>COURSE CODE</b>	<b>COURSE TITLE</b>	<b>PREREQUISITES</b>	<b>COREQUISITES</b>	<b>CREDITS</b>	<b>MET</b>
NUTR 100	Intro to Nutrition & Health Promotion	Program acceptance		3	
NUTR 110	Normal Nutrition & lab	ENGL 090, ENGL 095, MATH 030		4	
NUTR 140	Nutrition and Weight Loss	ENGL 090, ENGL 095, MATH 030		3	
NUTR 150	Principles of Food Preparation with Lab	Program acceptance		4	
NUTR 160	Foodservice Sanitation			1	
NUTR 210	Intro to Medical Nutrition Therapy	NUTR 110	MATH 030	4	
NUTR 220	Health Care Delivery Systems	NUTR 210		3	
NUTR 250	Nutrition Education and Counseling	ENGL 110, NUTR 210		3	
NUTR 275	Community Field Experience	NUTR 210		4	
	Science Elective with Lab			4	
	Liberal Studies Electives* *CHEM 120 and CHEM 125 recommended for transfer.			6	